

SEVENTY-NINTH ANNUAL CHEMEKETAN OUTING
Mount Adams-Washington
Saturday, July 31st – Saturday, August 14, 2010

The Place: The 2010 Annual Outing will be held near Trout Lake, Washington on the south side of 12,276-foot Mt. Adams. This massive, brooding peak is often overlooked. Lacking the stature of Mt. Rainier, the glamour of Mt. Hood and the bipolar personality of Mt. St. Helens, Mt. Adams is a forgotten mountain. But this slighted reputation is decidedly undeserved. Mt. Adams is a spectacular glacier-clad mountain which presides over a land rich in Native American history. Sparkling lakes, prodigious huckleberry fields and eye-popping meadows will be ours to enjoy during our two-week stay in August.

Our camp near Trout Lake is perfectly situated for forays into the Adams country. Outing participants will be able to drive less than ten miles north to Mt. Adams and the South Climb trailhead for hikes east or west on the Round-the-Mountain Trail. A drive of about fifteen miles northeast of camp will give hikers access to the famous Bird Creek Meadows on land owned by the Yakama Nation. (Note: a fee is charged to enter the reservation). Botanists have identified over 400 varieties of alpine wildflowers in these colorful meadows.

Outing participants will also want to visit Indian Heaven Wilderness, just west of Trout Lake. A well-marked network of trails covers this 5,000-foot plateau dotted with small lakes, meadows, and rocky viewpoints. Generations of Native Americans (Klickitat and Yakama tribes) came to Indian Heaven every year on their seasonal rounds to harvest huckleberries, hunt deer, and race horses. The last of these annual pilgrimages took place in the 1920's. Traces of the rutted racetrack can still be seen from the trail near Red Mountain lookout.

The Sawtooth huckleberry fields north of Indian Heaven would be well worth a visit. Please keep in mind that specific areas are reserved for tribal use only. Caving enthusiasts will want to investigate Ice Cave and Big Trench Cave west of Trout Lake. Cave exploration should only be done by those who are properly equipped and trained. Water lovers should check out the whitewater rafting companies offering trips on the White Salmon River. Birders will want to visit Conboy Lake National Refuge near Glenwood, which is a short drive from Trout Lake. Campers wanting a day off from hiking might choose a drive to Goldendale Observatory State Park followed by a visit to the Stonehenge replica and Maryhill Museum on the Columbia River. Finally, campers might want to spend a day near camp exploring the horse trails that lead directly from camp. Or you might want to just sit and relax and admire the great view of Mt. Adams from the south end of our camping area. So many choices, so little time!

The Campsite: The campsite is located in the Gifford Pinchot National Forest approximately 6 miles north of the community of Trout Lake, Washington on the south slope of Mount Adams. Mount Adams is visible from the campsite. The site topography is level to gentle rolling and is surrounded by forest land. The site was originally cleared of forest and developed as a seed orchard for the propagation of conifer trees. The site is locally known as the "Seed Orchard" or the "Mt. Adams Horse Camp". The seed orchard use was discontinued long enough ago that the site has a pleasant growth of grass along with dispersed volunteer conifers. The area has an open feeling but has sufficient volunteer conifers to provide good campsites. There is a small developed horse camp at the far south end of the area. Our camp will not conflict with this use. The elevation of the site is approximately 2700 feet. See "Driving Directions" for more information on the location of the campsite. The site is large and will easily accommodate our use. The site **does not** have potable water or other services. So you should plan to bring your own drinking water. Potable water containers can be replenished in the community of Trout Lake. There are no showers or flush toilets at the site. We will furnish our portable showers so bring your solar shower bag if you would like to use these showers. Portable toilets will be provided. There are no formal RV sites so RV's will need to be self contained. There is plenty of room to park RV's.

The camp will be available to us on Friday, July 30th. First-week campers should plan to arrive by mid-morning on Saturday, August 1st, and be ready to help with the camp set-up. Please bring work gloves. As always, we will need to get everything set up as soon as possible on Saturday so that dinner can be served that evening and so that hiking can begin promptly on Sunday. Second-week campers also need to bring gloves to help with take-down on Saturday, August 14th. If everyone helps and all goes as expected we will have the truck loaded and on the way home by noon on Saturday.

Non-hiking Activities: The Columbia River Gorge is but a short drive from our campsite. There are many non-hiking activities within easy driving distance in the area. Some of them are listed below. A check of the local websites will feature many more things to experience. The websites for Cascade Locks, Hood River, and The Dalles have a lot of information on activities and points of interest in their respective areas. The items listed below do not contain detailed information. If you think you might be interested in visiting an attraction, please check it out on the respective website to obtain location, hours of operation, admittance fees, and other related information.

- Cascade Locks - Enjoy a trip on the Sternwheeler boarding from Marine Park. Meal cruises and sightseeing excursions are available. Check out the website www.sternwheeler.com. Cascade Locks Historical Museum and the Columbia Gorge Interpretive Center and Museum (located in Stevenson, Washington across the Columbia via the Bridge of the Gods) features information, photos, and artifacts on the history of the Columbia River gorge. Bonneville Dam and Locks, constructed in 1938 as the first dam on the Columbia, has a large viewing facility where visitors can learn a lot about the operation of the dam and its construction. A fish counting station can also be visited. Bonneville Hot Springs also located on the north side of the Columbia offers sensual spa services with a private hot springs source. Refreshments are also available.
- Hood River – Hood River, the proclaimed wind surfing capital of the world, is a wonderful place to view wind surfing and the related wind surfing activities. The area could easily take a day to explore. The Hood River Valley, on the way to Mt. Hood, has a great 35 mile scenic drive through the valley's orchards, farmlands, and friendly communities. For railroad buffs, the Mt. Hood Railway offers a scenic railroad trip thru the valley also. For those who might like a change of pace, the Full Sail Brewery offers their award winning beverages. Guided free tours of the brewery are available daily in the afternoon. Check their website for tour times.
- The Dalles – The Columbia Gorge Discovery Center is the official interpretive center for the Columbia River Gorge National Scenic Area. The center's two museums feature the cultural and natural history of the Columbia River Gorge area. The center also maintains a living history park where visitors can experience life during the time of the early settlers.
- Maryhill Museum and Stonehenge – Maryhill Museum, located approximately 25 miles east of The Dalles (across the Columbia from Biggs, Oregon). Maryhill Museum has a world-class collection of art ranging from early 20th century European art works to an extensive Native American collection. The museum is located in a castle-like chateau on a stunning 6000 acre site overlooking the scenic Columbia River. The museum's permanent collection includes more than 80 sculptures and watercolors by the French master Auguste Rodin. A replica of the famous Stonehenge is located a short distance to the east of Maryhill Museum. It was constructed as a memorial to First World War veterans.
- Vineyards – There are a number of vineyards in the area. Some have facilities to accommodate visitors. Check them out on websites for the area.

The Weather: Trout Lake weather should be great for the Outing. The average high temperature is 83 F and the average low is 48 F (good sleeping). The average rainfall for August is about ½ inch with about 4 rain days during the month. The weather records indicate that there should be clear days about 50 percent of the time and clear/partially cloudy days about 75 percent of the time. With these statistics it looks we can expect nice weather for the Outing. However, be sure to bring along a good waterproof shelter as rain happens.

Driving Directions: These directions are from Salem, Oregon. From Salem at the Mission Street Interchange (OR22, Exit 253) travel north on I-5 35 miles to the junction with I-205 (Exit 288). Take I-205 and travel 22 miles to the junction with I-84. Take I-84 and travel easterly 55 miles to Exit 64 at Hood River, Oregon. Take Exit 64 and turn left at the ramp terminal, cross under I-84, and proceed northerly across the Columbia River on the Hood River Bridge (bridge toll 75 cents). Junction with SR 14 just beyond the end of the bridge (you are now in Washington). Turn right onto SR 14 and travel approximately 1 mile to Bingen, Washington. In Bingen, turn left onto SR 141 (signed White Salmon). Continue on SR 141 34 miles to Trout Lake, Washington.

At the Chevron station in Trout Lake (junction SR 141 and USFS 23) bear right (leaving SR 141) onto USFS 23 following the sign to Mt. Adams Recreation Area and travel 1.3 mile north to the junction of USFS 80/82. Take the right road (USFS 80/82) and after about ½ mile USFS 82 junctions to the right. Stay left here on USFS 80 (toward South Climb Route) and travel approximately 3.5 miles to the junction with USFS 8031. Turn left on USFS 8031 (toward Buck Creek Trail) and travel approximately ½ mile to the Mt Adams Horse Camp. DO NOT take the signed horse camp access road but continue on USFS 8031 a short distance to another access on the right. This is the

main access road to our campsite. Use this road. Look for the Outing sign at this access. The campsite can be seen as you turn onto this road. The total distance from Salem to camp is approximately 144 miles.

Pre-outing Meeting: A meeting will be held **Monday, June 7th** at 7:00 pm in the Chemeketan Den, located at 360 ½ State St., Salem. Persons planning to attend the Outing should attend this meeting to obtain detailed information, ask questions, and make final transportation arrangements. T-shirts, Camp Guides, Outing Trail Guides will be distributed. Fees are not usually collected at this meeting. However, under unusual circumstances payment may be made at this time. If you are **unable** to attend the Pre-outing meeting, plan to pick up your Camp Guide, Outing Trail Guide, and T-shirt at the Truck Loading or the Outing.

Truck Loading: We will load the truck on **Thursday, July 29th** at 6:00 pm at Safe Stor, 350 Glen Creek in West Salem (next to the Post Office). **We expect campers to help either in truck loading or unloading, and preferably both.** Please bring your work gloves. Many hands make short work. This is a great opportunity to meet and greet fellow campers. Note: We will not be able to transport personal items on the truck. Please do not bring your personal vehicle into the storage compound unless you need to unload something for the Outing. There is ample parking outside of the storage grounds.

Truck Unloading: We will unload the truck on **Sunday, August 15th** at 6:00 pm at Safe Stor, 350 Glen Creek in West Salem (next to the Post Office). We need and expect a good turnout for this. Again, many hands will make short work of this necessary duty.

Post-outing Potluck: Traditionally, we have a potluck on a Friday evening in early September. This year the event will be on September 3rd at the Morningside Methodist Church at 6 pm. Chemeketans and guests, whether they attended the Outing or not, are encouraged to attend. Following dinner we will show slides taken by attendees during the outing. Please bring your best slides to share along with your photo albums.

Lodging: Participants provide their own lodging. Tents, self-contained RV's, and campers can be accommodated. Particular sites are available on a first come basis. There are no hook ups of any kind at this site.

Food: Breakfast and dinner will be served in the dining tent. Trays, cups, bowls, drinking glasses, and flatware will be provided. Participants make lunches from materials set out in the early morning. Backpackers need to arrange for their own backpacking food. Although an attempt is made to accommodate a variety of food tastes and desires, the kitchen crew is not able to meet a wide variety of dietary requests.

Pets: No dogs or other family pets are allowed at the Outing.

Maps: The Gifford Pinchot National Forest Map covers many of the hikes in the Outing Trail Guide. This map is available from REI, at local sporting goods stores, and at the Mt. Adams Ranger District Office located at 2455 Highway 141, Trout Lake. Cooke's Stationary in Salem also has a good selection of maps of the area. Maps can also be readily obtained from other private commercial sources and the U. S. Forest Service and the National Park Service, either thru their websites and/or at their local offices.

Commemorative T-shirts: If you wish to purchase a commemorative 2010 Annual Outing T-shirt, **please submit your order and payment of \$9.50 per t-shirt (\$11.50 for long sleeved t-shirt) when you make your reservation.** T-shirt orders will not be accepted after **April 30th.**

Reservations should be made by sending the following:

- Completed reservation form
- \$50.00 per person non-refundable deposit FOR EACH WEEK or full payment
- \$9.50 for each short sleeved t-shirt ordered
- \$11.50 for each long sleeved t-shirt ordered
- A completed Release Form Liability and Assumption of Risk form for each participant, including children (make copies as needed).
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Send the completed application to:

**Jean Gabriel, Outing Treasurer
P.O. Box 5011
Salem, Oregon 97304**

The \$50.00 deposit per person (\$100.00 if attending both weeks) is non-refundable and non-transferable. Checks should be made payable to the "Chemeketan Outing Committee". Note: A single check covering reservations and garments is preferred.

Reservations will be open first to Chemeketan members and their immediate families **March 1**. Guest reservations will begin **March 15**. If you would like a receipt, please enclose a self-addressed envelope with your reservation. Note: Guests must have a Chemeketan or other Federation of Western Outdoor Club (FWOC) member sponsor.

Attendance will be limited to 100 registered campers at one time. Reservations submitted without the required deposit fee and the completed forms (including a signed release for each camper) will not be considered complete, and will not be sufficient to reserve a place in camp. If you are put on the waiting list, your fee will be refunded upon request unless and until your reservation is accepted.

Liability and Assumption of Risk: All outing members **must** attach a signed Liability and Assumption statement (form attached) with reservation fees. Be sure to include your mailing address. Children under the age of 18 attending the Outing must have the form signed by their parent or legal guardian. Note: No one will be allowed to attend the Outing without this signed form on record. Your reservation is not confirmed until this form is received.

Cost: The balance of the fees must be received by the Outing Treasurer, Jean Gabriel, by **May 31st**, made payable to the "Chemeketan Outing Committee". Again, if you desire a final payment receipt, please include a self addressed stamped envelope.

Note: If your final payment is not received by May 31st and there is a waiting list, you will forfeit your deposit and your Outing reservation will be given to the next person on the waiting list.

If you wish to order commemorative t-shirts, please include payment **with your reservation**. These items must be ordered in advance. **Orders for T-shirts will not be accepted after April 30th.**

OUTING FEES

	<u>Member*</u> <u>1 week</u>	<u>Member*</u> <u>2 weeks</u>	<u>Guest</u> <u>1 week</u>	<u>Guest</u> <u>2 weeks</u>
Adults	\$180	\$360	\$225	\$450
Ages 10-12	105	210	130	260
Ages 6-9	80	160	105	210
Ages 4-5	70	140	95	190

DAILY RATE

	<u>Member*</u>	<u>Guest</u>	<u>Child</u>
**Daily Rate	26	34	20

*If you are a member of a FWOC club, you qualify for member rates.

**Daily rates include insurance and overnight campground fees.

First week fee will include dinner, Saturday, July 31st through lunch, August 7th. Second week fees include dinner August 7th through lunch August 14th.

Please carefully read the following fee information. This information eliminates the “by the individual meal” fee schedule (except for less than a day guests) which has been in force for previous Outings. Fees for members and guests not signed up for a full week will be based on the daily rate. The daily rate charges include overnight and insurance costs for one day and three consecutive meals. The day may be a calendar day or may be the time defined by any three (3) consecutive meals. No reduction in weekly or daily rates will be made for any participant who substitutes any of their own meals for an Outing meal. No refunds will be made for any meals not taken. Participants expecting short term (less than a day) guests should register them in advance with the Governor. A fee will be charged for meals taken by “less than a day” guests.

Camp Government: The Outing Chair and Outing Committee are responsible for organizing and staffing the Outing for its proper functioning. The Camp Governor assigns and posts duties and is responsible for the day-to-day functioning of the camp.

Camp Duties: The Outing is a cooperative enterprise. Two cooks, pots and pans washers, and a truck driver are staffed. Outing participants share other essential camp chores such as dishwashing, food serving, and sanitation. Your assigned duties will be posted in the camp registration area when you arrive in camp. **Job descriptions are available in your camp guide.** It is essential that each and every camper fulfill their assigned camp duties, as well as help with erecting or dismantling camp. If you have a question about your assigned job duty after reading the job description, please ask the Camp Governor.

Transportation: Participants must provide or arrange for their own transportation to and from camp during the Outing. Ride sharing is encouraged. When sharing rides, expenses are borne by all the riders unless other conditions are agreed upon before ride sharing.

Cancellations and Refunds: PLEASE READ CAREFULLY All cancellation notices must be made in writing to the Outing Treasurer. Please be sure to date your request. Cancellation notices received by the Outing Treasurer on or before May 31st will receive full refunds except for the \$50 per person per week deposit fee. The \$50 deposit fee is not refundable. If May 31st falls on a weekend or holiday the deadline will be moved to the next following business day. If a person signs up for two (2) weeks and cancels one or both weeks before May 31st, the \$50 deposit fee will be withheld for each week cancelled.

All cancellation notices received after May 31st but prior to the two weeks before the Outing will be held without processing and will not receive refunds except as follows:

1. The Outing Treasurer will keep a record of all cancellation notices received.
2. The disposition of all cancellation notices received will be reported at the Annual Outing Committee meeting which is usually held in October or November of each year. The report will include those notices received by May 31st and processed as detailed above and those notices received after May 31st and being held without payment to be processed as noted below.
3. The \$50 per person per week deposit fee will be withheld from each application.
4. The Outing Committee may establish a refund pool at the Outing Committee Annual Meeting based on the availability of Outing funds after all expenses have been paid or budgeted for and after considering other financial goals as the committee may establish.
5. If a refund pool is established, each person requesting a refund will receive an equal share of the refund pool. In no case will the amount refunded to any one person as part of the pool be more than the Outing fee less the \$50 per person per week deposit fee which is not refundable.
6. If a refund pool is not established a refund will NOT be made to anyone who sends in a cancellation notice after May 31st.

OTHER CONDITIONS

- Anyone who sends in a cancellation notice that is not received by Outing Treasurer at least two (2) weeks prior to the Outing or does not otherwise show up for the Outing (no show) will not receive a refund.
- Anyone who signs up for both weeks of the Outing and attends only one (1) week will not receive a refund for the other week.
- Anyone who signs up for a week or part thereof and then attends only part of the week or days signed up for will not receive a refund.

- Anyone who feels their cancellation notice was not processed in accordance with these rules may submit, in writing, their concern to the Outing Chairman who will present their concern to the Outing Committee for their consideration.

SUGGESTED EQUIPMENT CHECK-OFF LIST

- | | | |
|-----------------------------|-------------------------------|-------------------------------|
| 1. Base Camp tent ___ | 10. Day pack/10 essentials___ | 19. Juice bottle___ |
| 2. Sleeping bag, blanket___ | 11. Insect repellent___ | 20. Water bottle___ |
| 3. Air Mattress___ | 12. Sunglasses___ | 21. Toiletry___ |
| 4. Pillow___ | 13. Sun lotion___ | 22. Wash basin,soap,towel ___ |
| 5. Warm/cold clothes___ | 14. Flash light/batteries___ | 23. Clothesline and pins ___ |
| 6. Hiking boots ___ | 15. Camera/film___ | 24. Laundry soap___ |
| 7. Rain gear___ | 16. Gas money___ | 25. Binoculars ___ |
| 8. Water Pail ___ | 17. Compass/maps___ | 26. Camp chair___ |
| 9. Backpack/tent ___ | 18. Swimsuit___ | 27. Alarm clock___ |

In the interest of saving resources, please bring your reusable plastic container for lunch materials If you use one.

2010 ANNUAL OUTING RESERVATION FORM

This reservation is for 1st week Only (7/31-8/7) 2nd week Only (8/7-8/14) Both weeks (7/31-8/14)

- Reservation deposit is \$50 per person per week.
- T-shirts must also be paid for with the reservation.
- You may send the full Outing payment at this time if you wish.
- Make checks payable to CHEMEKETAN OUTING COMMITTEE
- Indicate AGES OF CHILDREN 18 years and younger. Adults may enter "A" in lieu of age

RESERVATION FEES

Name of Camper	Age	Member? Yes/No	Fee from Table	Deposit at \$50/week	Number of Weeks	Total Fees less Deposit
1						
2						
3						
4						
5						

Total Outing fees..... \$ _____
 Total Reservation Deposit.....\$ _____
 Balance Due by May 31st.....\$ _____

GARMENT ORDER

	S	M	L	XL	Color	Total No.	Price Each	Total Amount
Short sleeved t-shirt	___	___	___	___	___	___	\$9.50	\$ _____
Long sleeved t-shirt	___	___	___	___	___	___	\$11.50	\$ _____

*Commemorative t-shirts available in WHITE(W) or LIGHT ASH(LA), please indicate color above

REGISTRATION FEE SUMMARY

Reservation Deposit \$ _____ \$50.00 per person, per week or Full Payment

Garment Order \$ _____

TOTAL ENCLOSED \$ _____

PLEASE INDICATE YOU HAVE READ THE REFUND
POLICY BY INITALLING _____.

Our favorite duties _____

I (we) have experience in camp set-up/take-down functions (please specify) _____

I (we) would be willing to relieve the cooks for one meal in lieu of other duties _____ (names)

I (we) would be willing to give someone a ride to the Outing _____ (name)

I (we) need a ride to the Outing _____ (name)

Please be sure to print your mailing address:

Address _____ Home Phone _____

City _____ Work Phone _____

State _____ Zip _____

Mail this completed form, along with a check for fees (plus t-shirt if purchased), and the signed Liability Forms for all campers to:

Jean Gabriel
P.O. Box 5011
Salem, Oregon 97304

RELEASE FROM LIABILITY AND ASSUMPTION OF RISK
For the Annual Outing at Mt. Adams; July 31st-August 14th, 2010
(Read carefully before signing)

This Liability and Assumption of Risk also applies to any day you are onsite other than the Outing dates.
I am aware that Chemeketan activities, including the Annual Outing, are potentially dangerous, that accidents can happen and that illness can occur in remote places.

In consideration of being permitted to join and participate in this Chemeketan activity, I do for myself, my heirs, legal representatives, or assigns (or, if applicable, as apparent or legal guardian of a minor), assume all risks associated with this activity and traveling to and from the activity, and release and discharge the Chemeketans, their officers and agents from all liability for any and all loss, damage or claim on account of property damage, death or bodily injury to me, my minor child or minors for whom I am legal guardian, caused by the act or failure to act of the Chemeketans, their officers and agents.

I agree to pay for my own medical and/or rescue expenses, whether or not authorized by me, in the event of accident or illness.

I have read and understand the above and voluntarily affix my signature below.

Name (please print) _____ Phone: _____

Signature of Applicant _____

Address _____ City _____ State _____ Zip _____

Signature of Parent or guardian if applicant is a minor (under 18 years of age) _____