

CHEMEKETAN ANNUAL OUTING CAMP GUIDE

**Mt. Adams, Washington
July 31st to August 14th, 2010**

INTRODUCTION: The Chemeketan Outing is intended to provide a maximum of vacation pleasure with a minimum of cost and camp chores. A cook, assistant cook, and pots and pans washers are on staff to do the most time-consuming work. All other duties are shared by the Outing participants.

This guide is prepared as a handy reference for camp operations and organization. It is hoped that your basic questions will be answered so a minimum of time will be spent during camp with a recitation of camp operations. If you have questions, please ask the Camp Governor or Outing Chairman.

DATES TO REMEMBER:

Truck Loading – Truck loading of camp equipment is Thursday, July 29th, 6:00 PM at Safe Stor, 350 Glen Creek Rd. in West Salem (next to the Post Office). We expect attendees to either help load or unload, and preferably both. Many hands make light work. It's a good opportunity to meet and greet fellow campers. Note: We won't be able to transport personal items this year due to the amount of camp gear we need to transport.

Truck Unloading – Truck unloading is Sunday, August 15th, 6:00 PM at Safe Stor, 350 Glen Creek Rd. (next to the Post Office). Again, many hands make light work.

GENERAL PROCEDURES: First week campers should plan to arrive by 9:00 AM on Saturday, August 1st, and be ready to help with camp set-up. The campsite will be available on Friday, July 30, if you would like to arrive earlier. We need to get everything set up as soon as possible on Saturday so that dinner can be served that evening and hiking can begin on Sunday.

Camp takedown and truck loading will begin Saturday, August 14th, right after breakfast. Some take down work will also be done on Friday evening. ***All second week campers are expected to remain in camp on the last day until their assigned take down duties have been completed and the truck is loaded and ready for departure.*** Camp take-down and truck loading is normally accomplished in about 2 to 3 hours.

No cutting of brush or trees is allowed. Please do not dig or otherwise alter the area. Individual campfires will not be permitted. Litter is not tolerated. Please pick up any litter you find. Chemeketans take pride in their tradition of leaving camps in better shape than they've found them. It is our standard of quiet stewardship. Consequently, the Forest Service and National Park Service have always been happy to have us return.

Water for dishwashing will be heated on propane boilers from 6 AM until morning dishes have been washed, and from 5 p.m. until evening dishes have been washed. After dish washing is completed, remaining water in the boilers is available for campers to use. PLEASE DO NOT use dishwashing pots, pans, or other containers for any personal use or activity. These items are to be used only for dishwashing purposes. PLEASE DO NOT use the dishwashing tables for any personal use.

TRIPS AND TRIP SIGN OUT: Trips normally leave in the morning after breakfast. Many trips are announced at campfire the night before, while others are planned during breakfast. There will be **two** sign out forms posted at a central location in camp: 1) a 5.5" X 8.5" *Chemeketan Outing Trip Registry* form to be used for organized trips. So that new members can readily sign up for hikes, hike leaders

should, if possible, post next day hikes the evening before. If that is not possible, the hikes should be posted as early as possible on the day of the hike. PLEASE leave some space on your sign up sheet so new hikers can easily sign up for hikes. 2) an 8.5" x 11" *Chemeketan Camp General Check Out Sheet* to be used for informal trips anywhere outside of camp.

Each person should sign out any time they leave camp. There should be a minimum of three (3) persons on a hike. Both of these suggestions are for safety purposes. Feel free to organize your own trips, or consult the sign out sheets to see what is planned for the day. Each trip should have a designated trip leader and be described adequately enough so that we can find you in the event you don't show up for dinner. When a group returns, remember that it is each person's responsibility to sign back in on the sign out sheets.

CAMPFIRE: Each evening at approximately 7:30 PM the bell will be rung for campfire. *Important information will be given at the beginning of campfire, and attendance is requested.*

Announcements concerning camp functions, sharing experiences of the current day's trips, and plans for the next day's trips will be made. Participants need to be aware of the information provided.

After announcements there will usually be a traditional campfire (weather permitting) with songs, skits, games, "tall tales", or other fun and entertainment. Attendance at this entertainment portion of campfire is optional. Often, local experts are invited to make presentations. Campfire ends with a Chemeketan tradition of a clasped hands circle and singing of taps.

WATER: There is **no** potable water at the campsite. The club water tank is for kitchen and lunch purposes only. Do not use this water for personal use. Please bring your own containers and water for your personal use. Potable water is available close by in the town of Trout Lake.

MEALTIME PROCEDURES: Unless you are preparing food or have other legitimate business, please consider the kitchen to be out of bounds. **WASH YOUR HANDS CAREFULLY WITH SOAP AND SEE THAT CHILDREN IN YOUR CARE HAVE WASHED THEIR HANDS THOROUGHLY WITH SOAP ALSO**, prior to entering the dining tent, and before handling any food. This also includes those cold morning hours before making lunches. Please use the utensils provided when taking food. Keep fingers out of food containers. All campers need to be aware of the very real possibility of the spread of communicable diseases. A case of "camp fever" can certainly detract from an otherwise great outing experience, and can be avoided best by 100% cooperation with our sanitation procedures. There are hand-washing stations located throughout the camp.

BREAKFAST: Breakfast is served at 7:00 AM. A bell may be rung to give notice that serving has started. Coffee is usually available around 6 AM. Dishwashers and Pot Washers go to the head of the line to be served first. The second bell is the last call. You will enter the dining tent and pick up your tray, cup, silverware, and bowl (if needed) and proceed through the serving line. Servers will fill your tray at your request. The Chemeketan motto is "ask for all you want but eat all that you take." Normally you may return for seconds after all have been served, including the Cooks and Servers.

After eating, leave the dining area and go to the dishwashing table outside. Dump waste into the garbage cans and scrape your tray as cleanly as possible. Wash and rinse your dishes and utensils. Flatware goes into a bucket in the center of the table. The Dishwashing Crew will sterilize, dry, stack, and return dishes and flatware, and may assist with washing to keep the line moving. Parents of small children should wash the children's dishes or supervise them carefully. Personal items used for daily food consumption such as cups and lunch containers may be washed as part of the washing of your common camp dishes, except that your personal items may not be sent through the sterilizer process.

DINNER: Dinner is normally served at 6:00 PM. The procedure is identical to breakfast. If you will be late for dinner you might consider a restaurant unless you've made prior arrangements.

LUNCH: Lunches are “roll your own” prepared from a wide variety of foods set out on tables near the dining tent. These materials are usually in place at 6:30 AM and are removed at 7:00 AM. Before the lunch line is open, the lunch workers go through the line making their own lunches as a test to make certain that all items are present and in the most accessible order. The lunch line is not open to any other camper until those on lunch duty go through the line to make sure it is complete. Then they will officially open the line to others. You are welcome to take what you need. Parents are requested to make small children’s lunches or closely supervise their efforts. Please practice conservation and reuse baggies and paper bags as long as possible. Each camper is encouraged to use as many reusable lunch container items as possible. That includes bringing your own lunch containers that you normally use on day hikes. LET’S MAKE THE OUTING AS GREEN AS POSSIBLE!

CAMP MAIL: Please make your own arrangements for both your outgoing and incoming mail. The closest post office is located in Trout Lake, Washington 98650.

CAMP DUTIES: Other than cooking and pots and pans washing, all camp functions are performed on a cooperative basis by the campers. The Governor will set up a duty roster for routine weekly camp chores. It will list the day and time, type of duty, and the persons assigned. Each camper usually will have three to four duties a week. Duty assignments are based on the assumption that you will be in attendance for the entire week, unless you registered for a partial week. Please give notice to the Governor or Outing Chairman prior to the Outing if you will not be in camp all week. Inevitably some people will be scheduled for duties that conflict with a desired activity. You may trade your duty with someone else, but it is your responsibility to make those arrangements and to inform all parties involved. Please do not ask the Governor to make the switch. But inform the Governor of the arrangements so that changes can be noted on the duty roster. It is common practice and usually not difficult to trade duties.

- 1. Campfire.** See that enough wood is by the fire ring for the evening campfire by 7:30 AM. Have two buckets of water and a shovel ready by the fire circle. Light the fire and keep it going. See that the fire is extinguished after the group has disbanded.
- 2. Dishwashers.** Six people are normally assigned to the dishwashing duty. An experienced person is designated as the leader. (This will be the first person listed on the duty roster). The head dishwasher will be responsible for organizing his or her shift and ensuring the job is properly completed. One hour before the meal, the Pots and Pans Staff fill all boilers and light the boiler fires. Shortly before the meal they add the sterilizer to the sterilizing boilers. Dishwashers should eat first (go to the front of the line) and be on duty as soon as people finish eating. Fill the dishwashing and rinsing pans with hot water. Put soap in the dishwashing pan. Tend to the boilers and keep them filled. Change the dish and rinse water when they become too dirty or cool. One or two persons should act as sterilizers. Freshly washed dishes are stacked in the sterilizer basket, dunked in the sterilizer boiler for one minute, and emptied onto the drying table to air dry. After dishes have been air dried and packed, they are returned to the dining area. The flatware is handled separately. As time permits, the flatware is removed from the bucket and sorted into flatware carriers, handles up. When full, the carriers are dunked in the sterilizer for one minute, allowed to air dry, and returned to the dining area. After all dishes have been washed, rinse and wipe off the washing tables, empty the dishwater and rinse water in the designated area, rinse the pans, and leave them upside down on the tables to dry. Turn off the boilers. Empty the sterilizer boiler and clean or wipe it out if necessary. The remaining hot water should be left for campers’ personal use.

3. **Pots and Pans.** Pots and Pans crew should follow the schedule for the dishwashers. Be among the first to eat, and then report to the Pots and Pans Staff for directions.
4. **Janitors.** Two people per day are assigned to janitor duty. They keep a supply of toilet tissue in each toilet and keep them clean and free of litter. After sweeping the bathroom floor, the toilet seats, shelves, and floor are scrubbed with hot water and disinfectant. Scrubbers must wear rubber gloves. They also keep hand washing stations full of water, soap, and paper towels, and empty trash at the stations as needed. It is best to do this job around 8:00 AM or 4:00 PM each day so as not to detain the crowds (janitor's choice as to whether they prefer morning or afternoon duty).
5. **Servers.** Breakfast and dinner servers should appear for duty ½ hour before the meal assigned. They wipe down the tables and put the salt, pepper, sugar, napkins, condiments, and all other necessary items (ask the cooks) on the tables. The servers assist the cooks in any way needed. When the bell is rung, servers serve food to campers. Please listen carefully to the camper's requests, especially the children. Overzealous servers sometimes overload trays, which wastes food. Servers eat after all have been served. After eating, servers wipe down the tables and clean containers of jam, jelly, honey, etc., and help put away food or any other necessary chores as directed by the cook.
6. **Lunches.** Lunch duty is a two part job: preparing food the night before and setting out food in the morning. It begins after the dinner meal the day before. Lunch duty people should be at the head of the dinner line and eat their evening meal before their duty. Meet with the lunch directors to determine what foods are to be put out and locate them in the food storage area. Pickles, relish, fresh fruits and vegetables, dried fruit, nuts, cookies, crackers, drinks, etc., are prepared at this time. Directions are posted on the wall of the truck. Send all dirty dishes and utensils in a lunch container to the pots and pans washers. Lunch duty people must also report the next morning at 6:15 AM to wipe down lunch tables and place food items on the tables. Tables are also stocked with baggies, paper bags, and serving utensils. Juice, water, and fruit should be located nearby. Take turns watching the tables and keeping supplies replenished. Combine remaining food onto one table at 6:50 AM. At 7:00 AM, remove the remaining food from the tables and store it properly in the truck. Refill containers for next day's use. All lunch materials, supplies and utensils are stored in the truck. Take all dirty dishes to the pots and pans washers and wipe down the tables. Report any shortages to the lunch directors. Drink containers should be returned to the tent. Advise the cooks as to quantity remaining.
7. **Garbage and Recycling.** This person should eat dinner with the dishwashing crew (go to the front of the line). After eating, break down any cardboard boxes, remove bottoms from cans, flatten them, and place in the appropriate place. Take care of any garbage and dispose of waste water in the designated area as needed. See the Cook for specifics.
8. **Anything Else?** YES, other things are always going on. Outing committee members have numerous things to do. The cooks receive one day off each week so we'll be looking for volunteers to assume their duties. Errands have to be run. Food and propane will need to be picked up. Anyone wishing to volunteer services should contact the Governor or Outing Chairperson. Your help will be eagerly and gratefully accepted.

ENJOY THE OUTING!